SLOW LOOKING NOTES AND FUTHER INTERPRETATION

Finish your visit by reflecting on your Slow Look. What did you experience? How do you feel?

IPSWICH ART GALLERY

d'Arcy Doyle Place Nicholas Street Ipswich QLD

Free entry 7 Days a week 10am - 5pm (07) 38107222 info@ipswichartgallery.qld.gov.au www.ipswichartgallery.qld.gov.au

Front cover artwork: Nabilah Nordin, *Pavilion* 2023 | MIIA Foundation Collection Photography by Simon Strong | Image courtesy of Bundanon

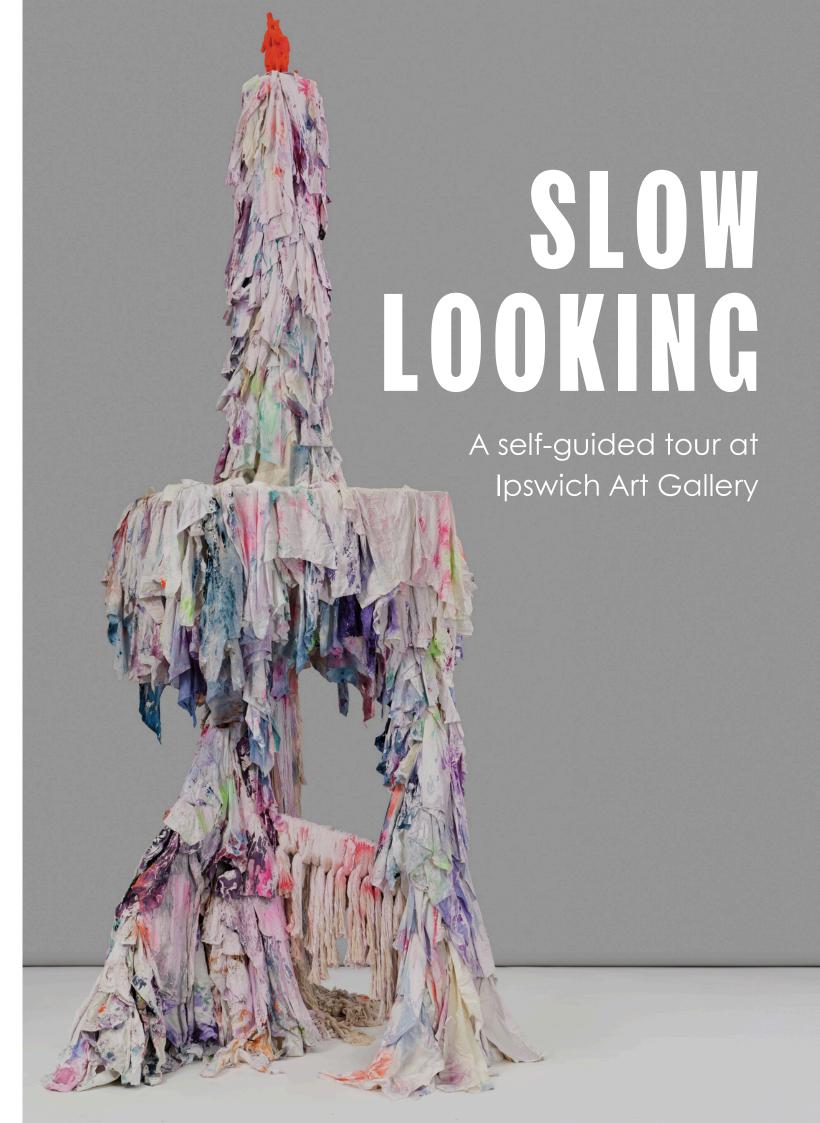




This Slow Looking tour includes works from *Fantastic Forms*, a Bundanon touring exhibition







SLOW LOOKING FOR EVERYONE

Here are some suggested prompts for a self-guided Slow Looking tour. You are welcome to follow them by yourself, with family or friends. Your Slow Look might be quiet and still, chatty and energetic, meditative or playful. Whatever form it takes, we hope you enjoy the different pace.



Artwork

In the stage gallery, find two paintings by artist Chenaya Bancroft-Davies representing the Bremer and the Clarence rivers.

This Slow Look allows for movement and supports attention to detail.

Prompt for adults

Make yourself comfortable. Soften your breath.

Let your eyes move slowly from one artwork to another, and back again. Consider how the paintings' mirror and flow into one another. In what ways are the works' different, and in what ways are they the same?

When you are finished with this artwork, continue to the main gallery.



Artwork

In the main gallery, find a monumental sculpture molded in a vibrant blue hue by Nabilah Nordin.

This Slow Look hones observation skills.

Prompt for adults

Make yourself comfortable. Soften your breath.

Run your eyes along the outline of the sculpture. Gently follow the work's organic form – moving your gaze up, across, down and back. Imagine a continuous line, moving from the topmost point of the sculpture to the very bottom. What pathway did you take and why?



Artwork

In the main gallery, find a series of drawings by Merric Boyd. Choose one that catches your eye.

This Slow Look cultivates a sensory response to art.

Prompt for adults

Make yourself comfortable. Soften your breath.

Imagine standing in the landscape as Boyd did. Consider his use of colour, line and shape. How would the ground feel and the air move? What would be the time of day, or the season? What could exist beyond the frame?



Artwork

In the main gallery, choose an artwork that you might otherwise skip over or miss.

This Slow Look facilitates attention to detail and communication skills.

Prompt for adults

Make yourself comfortable. Soften your breath.

Spend some time looking at the work. Observe its colours, lines, textures, materials and subject matter. Imagine you are trying to describe this artwork to a friend. Try to imagine it in as much details as possible.

When you have finished your description, move to the media gallery.

Slow Looking invites you to explore this exhibition a little bit differently. Slow Looking places you at the centre of your experience, prioritising your thoughts, feelings and observations. All it takes is spending more time with fewer works.



Artwork

In the media gallery (the small room inside the main gallery), find the dark red abstract painting by Mark Rothko.

This Slow Look frames looking as a form of meditation.

Prompt for adults

Make yourself comfortable. Soften your breath.

Allow the work to fill your field of vision.

Trace your gaze across the painting's surface, observing its variations in colour and hue.

Notice which colours recede, and which push forward. Find the point at which two colours merge together to become one. Sit with the work for 60 seconds. Observe any thoughts, feelings or memories that float into your consciousness.



Artwork 5 (Prompt for children)

Imagine these artworks are a song. How would the music sound? Now, imagine if these artworks were a dance? How would they move?



Artwork 2 (Prompt for children)

Imagine your eyes are following the lines and shapes of this artwork. With your finger, trace in the air the shapes found in the artwork. With your body, make the shapes in the artwork. What kind of shapes did you make?



Artwork 3 (Prompt for children)

Look carefully at this drawing. Imagine entering the drawing and becoming a part of its world. What colours could you see? What sounds could you hear? What objects could you touch? Where would you like to explore?

SLOW LOOKING FOR KIDS



Artwork 4 (Prompt for children)

Let's look at this artwork for 30 seconds, then we are going to close our eyes and say what we remember. Close your eyes. What do you remember?

Some children might like to deepen their observation by repeating the process



Artwork 1 (Prompt for children)

Let's look at this artwork.
What words would you use to describe it?
Can you use your fingers to count up to 10 words for this artwork?
You might like to describe its shape, size, colours, materials, textures or even how it makes you feel.
Keep going until you run out of words or fingers.